



Old Orchard Beach/Saco Adult & Community Education

Materials List – Winter 2021

****NOTE: Please do not purchase materials until you know your class will run.****

ALL in-person/live classes require Masks & Physical Distancing. No exceptions.

AARP Smart Driver: Instructor will collect \$25 (\$20 for AARP members) for materials.

Advanced Watercolor: 1 sm tube ea: Cadmium Yellow (light), Lemon Yellow, Cadmium Yellow (medium), Cerulean Blue, Cobalt Blue, Cadmium Red (medium), Alizarin Crimson, Ultramarine (or French Ultramarine), Burnt Umber, Burnt Sienna; 1 Round #10 watercolor brush, 1 drawing pencil #3B, 1 eraser, 1 light board or piece of cardboard, and two sheets of Arches watercolor paper, 140 lb. cold press (or hot press, if preferred); palette for mixing and a water jar (approx. \$40-\$50).

Beginner Guitar: Nylon or steel-stringed acoustic guitar, picks (plectrums), an electronic tuner or tuner app on your smartphone and the book *Hal Leonard Method Complete Set* (approx. \$20-\$25).

Buying Your First Home: You must respond to the email from YCCAC to finalize registration and receive Zoom link.

CRMA Program: *The PDR Pocket Guide to Prescription Pills Book* ISBN# 9780553593563 (approx. \$10, Amazon), a yellow highlighter, a 1.5 inch 3-ring binder. \$100 fee for medication pass payable to the instructor at the time of your scheduled test.

Crochet a Basket: One size K or L crochet hook and one skein of yarn (recommend Bernat blanket/baby blanket yarn or other yarn in the "jumbo weight- 7" category, approx. \$12-15).

DIY Constellation Canvas: 12-inch x 12-inch black canvas OR white canvas, painted black (stretched canvas ONLY, no panels), 35-count white string lights, silver or gold metallic marker (Sharpies work best!), a printout of your chosen, well-spaced, constellation-no larger than 9-inch x 9-inch, an awl or tack-to poke holes in the canvas, glue gun and glue sticks (approx. \$20).

DIY Pine Needle Basket: Bread pan or container of similar size and depth.

Drumming 101: One 12-inch drum pad with two 5A drum sticks (approx. \$30 on Amazon).

Excel Spreadsheet Basics: Required: Excel on your home computer (2010 version or newer).

Floating Embroidery: Available at Michael's: 6-inch wooden embroidery hoop, embroidery floss in 5 colors: green, yellow and your choice for the rest, embroidery needle or other sharp-tipped needle that can fit floss; pencil, pen, or disappearing ink marker and a pair of scissors. Available at Joann Fabrics: an 8-inch x 8-inch (or larger) square of Bridal tulle, which is much finer and holds stitches better than other tulle.

Folk Art Rug Hooking: Please bring a pair of sharp fabric scissors, if you have some. Required: Review designs/kits at jconnerhookedrugs.com and email jconnerhookedrugs@gmail.com specifying your kit choice(s) of a small mat or chair pad. Kits include everything needed: hook, instructions, binding, burlap, hoop and a selection of one-of-a-kind heirloom and hand-dyed wools (\$41-\$60, payable to instructor in class).

I'm Lost! Now What?: Compass with base plate and a topographical map of Baxter State Park (the ME Mountain Guide 11th edition, which includes a topo Baxter map, amongst others, is recommended and available on Amazon).

Intro to Gouache Painting: Pencil, eraser, four sheets of watercolor paper (8-inch x 10-inch or larger), four tubes of gouache paint: alizarin crimson, ultramarine, lemon yellow and titanium white, one 1/2" flat watercolor brush, one #10 round watercolor brush (approx. \$25 at Michael's or Amazon).

Mindfulness for Gratitude & Joy: Download PDF workbook with meditation scripts to record and listen to on your mobile phone. Cost is \$15 online (not included in tuition).

Outboard Motor Repair I / II: Replacements parts available for purchase at time of use.
Required: Bring a 6-horsepower or less outboard motor.

Piano 101 / 102 - Live Online: A touch-sensitive keyboard with sustain pedal. *Alfred's Basic Adult All-in-One Course, Book 1* by Alfred Publishing ISBN: 9780882848181. Midtown Music in Biddeford can help you find the right keyboard and book if needed.

Quit Smoking Successfully with NLP: Download your 35 pg workbook (PDF) with scripts to record and listen to on your mobile phone to quit and stay quit! Cost is \$15 online (not included in tuition).

Seed Starting for Maximum Results: Participants will pay Moody's \$10 to cover soil, seeds and trays.

Spanish for Beginners: *Easy Spanish Step-by-Step* by Barbara Bregstein, ISBN 978-0071463386 (approx. \$12, Amazon).

Techniques in Pen & Ink: Mechanical pencil, eraser, four pieces of Bristol paper (8-inch x 10-inch recommended, or preferred size), India ink, dip pen, nib, .05 Micron Pigma pen (approximately \$25 at Michael's or Amazon).

Watercolor Basics: 1 small tube each: cadmium yellow (light), cobalt blue, alizarin crimson, 1 round #10 watercolor brush; 1 inch wide flat brush, 1 drawing pencil #3B, 1 eraser, 1 light board or piece of cardboard and two sheets of Arches watercolor paper, 140 lb. cold press (approx. \$25-30).

Your Own Home Spa: An apron, two 2-Qt size (or larger) mixing bowls, a whisk or dinner fork, a mini or standard muffin pan and a set of measuring cups.