



Old Orchard Beach/Saco Adult & Community Education

Materials List – Fall 2021

****NOTE: Please do not purchase materials until you know your class will run.****

AARP Smart Driver: Instructor will collect \$25 (\$20 for AARP members) for materials.

Beginner American Sign Language: *Signing Illustrated Expanded* by Mickey Flodin ISBN-13: 978-0399530418 or ISBN-10: 039953041X (approx. \$15, Amazon).

Beginner Digital Photography with your Digital SLR: DSLR camera, fresh batteries, a memory card and your questions!

Beginner Golf I / Intermediate Golf I/II: Bring proof of registration, sneakers/golf shoes and collared shirts. No jeans or T-shirts allowed.

Beginner Guitar: Bring proof of registration, nylon or steel-stringed acoustic guitar, picks (plectrums), an electronic tuner or tuner app on your smartphone and the book *Hal Leonard Method Complete Set* (approx. \$20-\$25).

Circle of Pickers & String Players: Bring proof of registration, selection of songs, music stand, a capo and your instrument. **Note:** No microphone/PA system. No outside food/beverages.

CRMA Certificate Program: Bring proof of registration, *The 2020 Nurse's Drug Handbook* ISBN-13: 978-1284167900 (approx. \$42, new on Amazon - or purchase a used copy from the instructor for \$13), a yellow highlighter, a 1.5 inch 3-ring binder. **Note 1:** \$100 fee for medication pass payable to the instructor at the time of your scheduled test. **Note 2:** CASAS assessment testing is highly recommended. Please contact our Saco Learning Center at 207-282-3846 or learningcenter@rsu23.org to set up a testing appointment.

Crochet Basket Making: Knowledge of the following crochet stitches - single crochet, double crochet, and slip stitch. And one size K-10.5 or L-11 crochet hook.

Drumming 101: One 12-inch drum pad with two 5A drum sticks (approx. \$30 on Amazon).

Festive Shower Steamers: Please bring proof of registration, an apron, two 2-Qt size (or larger) mixing bowls, a whisk, tweezers, a 24 mini muffin pan and a set of measuring cups.

Folk Art Rug Hooking: Review designs/kits (\$41-\$60, payable to instructor in class) at jconnerhookedrugs.com and [email jconnerhookedrugs@gmail.com](mailto:jconnerhookedrugs@gmail.com) specifying your choice(s). Bring proof of registration, a pair of sharp fabric scissors, if you have some.

French Bread Basket: A bucket (for wetting reeds) and a pair of sharp scissors. Kit, including all materials, is \$30 and payable to instructor in class.

Hand Drumming Workshop: Bring proof of registration, Djembe, Ashiko, Conga or other hand drum. **Note:** There are some rentals available at \$5 per drum, payable to instructor in class. Please reserve your drum by emailing info@namorydrum.com as soon as you register.

Holiday Card Making: Bring proof of registration, a lunch/drink and your own adhesive (or purchase some from the instructor), Faith recommends either Tombow (in the white bottle not the clear one), approx. \$5 or double-sided tape, available at Walmart for approx. \$.99.

Intro to Backyard Fencing: Bring proof of registration, padded helmet (which covers ears, preferably), safety goggles (if helmet does not have a face shield), work or garden gloves. If desired, chest protectors can be purchased from Amazon for approx. \$20-\$40.

Intro to Drawing: Drawing pad, pencil-charcoal, soft or extra soft vine; Strathmore charcoal paper, gum or kneaded rubber eraser and an easel (optional, for physical distancing) (approx. \$20).

Mermaid Swim: Prerequisites: Must be able to swim and feel comfortable in the water. Required: Chart for your Mermaids size/color (sent at registration) must be returned as soon as possible. Bring proof of registration, wear swimming attire, bring a towel and goggles, if needed.

New Attitude Workout Plus: Bring proof of registration. Wear loose clothing, sneakers, bring hand weights, a mat and water.

Paint Your Pet: Bring proof of registration, snacks and dress in clothing you don't mind getting paint on. Email your pet portrait to dawn@dawnburnsart.com upon registration. Please note that that best photos are clear, high-resolution with traditional, front-facing pet poses of a single pet. Your photo will be cropped into a head shot.

Painting Glassware: Two clear, dishwasher-safe wine glasses and fine to medium-sized acrylic paint brushes in sizes: 2/0, 1, 4 & 8 (approx. \$10-\$15).

Spanish for Beginners: Required: A valid Gmail address (as class will be held via GoogleMeets), *Easy Spanish Step-by-Step* by Barbara Bregstein, ISBN 978-0071463386 (approx. \$12, Amazon).

Street Portrait Photography: Bring proof of registration, a digital (or film) camera or a smartphone, wear comfortable walking shoes and weather-appropriate clothes. Note: Parking fees vary, with many private lots offering all day parking for a flat rate. Paid parking available by Veteran's Memorial Park. On street/metered parking is not recommended.

Techniques in Pen & Ink: Bring proof of registration, a mechanical pencil, eraser, four pieces of Bristol paper (8x10-inch recommended, or preferred size), India ink, dip pen, nib, .05 Micron Pigma pen (approximately \$25 at Michael's or Amazon).

Watercolor Basics / Watercolor Florals: 1 small tube each: cadmium yellow (light), cobalt blue, alizarin crimson, 1 round #10 watercolor brush; 1-inch wide flat brush, 1 drawing pencil #3B, 1 eraser, 1 light board or piece of cardboard and two sheets of Arches watercolor paper, 140 lb. cold press (approx. \$25-30).