

**Materials List – Spring / Summer 2022**

**\*\*NOTE** **Please do not purchase materials until you know your class will run.**

**Proof of registration required for all classes not held at OOB High School.**

**Masks & Physical Distancing Required for All In Person Classes.**

**14 Days to Stop Smoking**: Purchase the *Retrain Your Brain To Successfully Stop Smoking* eBook ($10).

**Advanced Beginner French**: *Berlitz French Picture Dictionary* by Berlitz Publishing, ISBN 9781780044774 (approximately $10 on Amazon).

**Advanced Beginner Guitar**: Nylon or steel stringed guitar, soft or medium picks, a tuner, and H*al Leonard Guitar Method Complete Edition: Book 1, 2 & 3* by Will Schmid and Greg Koch (approx. $15).

**Beginner American Sign Language**: *Signing Illustrated Expanded* by Mickey Flodin ISBN-13: 978-0399530418 or ISBN-10: 039953041X (approx. $15, Amazon).

**Beginner Blacksmithing**: Wear long pants, closed-toe shoes. No polyester/synthetic material. Bring a drink/snack.

**Beginner Chess**: Chess board/set. Recom. text: *The Complete Book of Chess Strategy* by Jeremy Silman.

**Beginner Digital Photography**: DSLR camera, fresh batteries and a memory card. Optional: Laptop.

**Beginner / Intermediate Golf**: \*\*Bringing your own clubs is HIGHLY recommended.\*\* Please notify Adult Ed if you need them. Wear sneakers/golf shoes and collared shirts. No jeans or T-shirts allowed.

**Drumming 102**: one 12-inch drum pad with two 5A drum sticks (approx. $30 on Amazon).

**Folk Art Rug Hooking**: Review designs/kits at jconnerhookedrugs.com and email jconnerhookedrugs@gmail.com specifying your choice(s) of a small mat or chair pad ($41-$60, payable to instructor in class). Bring lunch and a pair of sharp fabric scissors.

**Glass Painting & Design**: Bring designs/inspirations, fine to medium-sized acrylic paint brushes in sizes: 2/0, 1, 4 & 8, one glass (clear is preferred) item to paint. Ex: wine or pint glasses; glass plate, coffee mug, vase (approx. $10-$15).

**Hooping**: Hoop and wear clothing that is easy to move in. NOTE re purchasing your hoop: Get a beginners MDPE hoop (for waist hooping) or Polypro hoop (for off body tricks). If you have a weighted hoop, use it for waist hooping and get a kid’s toy hoop for off body tricks, as a weighted may hurt your hands.

**Intro to Bike Repair & Maintenance**: Bring your own bike and wear clothes for getting dirty.

**Intro to Drawing**: Drawing pad, pencil-charcoal, soft or extra soft vine; Strathmore charcoal paper, gum or kneaded rubber eraser and an easel (optional, for physical distancing) (approx. $20).

**Meditation & Breathwork**: Bring an extra layer and a yoga mat.

**Mermaid Swim / Siren Swim**: Chart for your Mermaids size/color (available upon request and online) must be sent to instructor as soon as possible. Wear swimming attire, bring a towel, nose clip, water and goggles, if needed.

**Mixed Media Art**: Drawing paper, pencil, eraser, a glue stick, scissors or X-acto knife, any water-based paint of choice, photos or magazines with lots of desired color you don’t mind cutting, and any other media that has color or value. (approx. $10).

**Outdoor Adventures in Watercolor**: 1 small tube each: Cadmium Yellow, Lemon Yellow, Cobalt Blue, Cerulean Ultramarine, Cadmium Red, and Alizarin; 1 Round #10 watercolor brush, 1 drawing pencil HB basic #2, 1 eraser, 1 light board or piece of cardboard and several sheets of Arches watercolor paper, 140 lb. cold press, a portable watercolor easel and folding chair (optional) (mats. approx. $40-$50).

**Outdoor Yoga**: Wear loose, comfortable clothing, bring a yoga mat, two yoga blocks (or thick books), a yoga strap (or long scarf), a blanket, water and (optional) bug spray.

**Photographing Nature & the Landscape Around You**: Camera with fresh batteries or fully charged SmartPhone.

**Photography Workshop**: DSLR camera that captures in Raw mode OR an Android or iPhone with Lightroom installed, a working knowledge of computers and an interest to learn and refine skills in Adobe Photoshop.  
Optional: Laptop with Adobe Photoshop.

**Stop Weighing In!**: Purchase the Retrain Your Brain To Successfully “*Stop Weighing In*” eBook ($10).

**Tarot**: Bring a *Rider Waite Smith Tarot Deck* (appx. $18 on Amazon).

**The Art of Japanese Shibori Dyeing**: Bring one pair of heavy-duty plastic gloves, dress for outside weather, wear clothing for dyeing and bring a lunch, if you’d like.

**Wake Up Workout**: Wear loose clothing, sneakers and have water, hand weights, mat and a band or towel available during class.

**Watercolor Florals**: 1 small tube each: cadmium yellow (light), cobalt blue, alizarin crimson, 1 round #10 watercolor brush; 1 inch wide flat brush, pencil #2, 1 eraser, 1 light board or piece of cardboard and two sheets of Arches 100% cotton rag 140 lb. OR 90 lb. cold press paper (approx. $25-$30).