



## Old Orchard Beach/Saco Adult & Community Education

### Materials List – Fall 2023

**\*Please wait to purchase materials until you know your class will run.**

**\*\*Proof of registration required for all courses not held at OOB High School.**

**AARP Smart Driver:** Instructor will collect \$25 (\$20 for AARP members) for materials. No fee for UnitedHealthcare AARP Medicare Supplement Insurance Plan members. **Note:** This is separate from AARP membership. Please bring your insurance card to verify participation with the instructor.

**Become a DJ:** Please bring any DJ equipment you currently own, as well as a power strip and extension cord. If you do not own any equipment, bring laptop with internet access. No vinyl. Students are encouraged to bring their own music downloaded to their device (i.e., not on a streaming service).

**Beginner Digital Photography:** DSLR camera, fresh batteries, memory card and your questions! Laptop computer (optional). **Note:** This class is not for point & shoot only digital cameras.

**Beginner Guitar:** Nylon or steel stringed guitar, soft or medium picks, a tuner, and *Hal Leonard Guitar Method Complete Edition: Book 1, 2 & 3* by Will Schmid and Greg Koch (approx. \$15).

**Decorative Door Basket:** A bucket (for wetting reeds), sharp scissors, a kitchen sponge, or a spray bottle. The kit, including all basket materials, is \$20 and payable to instructor in class.

**Digital Illustration with Procreate:** iPad/tablet, stylus and the Procreate app.

**Folk Art Rug Hooking:** Bring lunch, sharp fabric scissors. Review kits at [jconnerhookedrugs.com](http://jconnerhookedrugs.com). Email [jconnerhookedrugs@gmail.com](mailto:jconnerhookedrugs@gmail.com) with kit choice(s), \$41-\$60 ea., payable to Janet in class.

**Intermediate French:** *Berlitz French Picture Dictionary* (Berlitz Publishing). ISBN: 978-1780044774 (approx. \$10 on Amazon).

**Intro to Drawing:** Drawing pad, pencil-charcoal, soft or extra soft vine, Strathmore charcoal paper, gum or kneaded rubber eraser, and an easel (optional) (approx. \$20-\$30).

**Outdoor Yoga:** Wear loose, comfortable clothing, bring a yoga mat, two yoga blocks (or thick books), a yoga strap (or long scarf), a blanket, water and (optional) bug spray.

**Pickleball (ALL classes):** Pickleball paddle and ball (approx. \$15-\$40 on Amazon, deals for packs of 2 paddles), active wear, weather-appropriate clothing, tennis shoes and water.

**Sew a Hem With Me:** Bring pieces of clothing that need to be hemmed (pants are easiest to start with) or old clothes to practice on and a sewing machine if possible.

**Spanish for Beginners:** *Easy Spanish Step-by-Step* by Barbara Bregstein, ISBN 978-0071463386 (approx. \$12, Amazon).

**Watercolor (ALL courses):** 1 small tube each: cadmium yellow (light), cobalt blue, alizarin crimson, 1 round #10 watercolor brush; 1 inch wide flat brush, 1 drawing pencil #3B, 1 eraser, 1 light board or piece of cardboard; and 2 sheets of Arches watercolor paper, 140 lb. cold press (approx. \$30-\$50).

**Note:** Please purchase Arches, as the quality of watercolor paper is essential for handling the techniques you will be taught in class. Bring any colors you may already have.

**Yin Yoga:** Wear comfortable, loose-fitting clothing; bring a yoga mat, yoga blocks, a bolster (couch pillows work) and a blanket.